

2001 California Dietary Practices Survey

Cross Tab 99: Awareness of the Diet/Heart Disease Relationship and Knowledge of Specific Foods, Compared to Intake of High Fat Foods

	Percent Who Ate									
	Deep Fried foods	Fried snacks	Whole milk, 2% (Out of milk drinkers)	Reg Cheese (Out of cheese eaters)	Sweets/ desserts	Breakfast pastries	Regular salad dressing (Out of salad eaters)	Fast food (Out of everyone)	Always/ Sometimes use butter, margarine, or mayonnaise on bread	Rarely or never trim fat from meat or remove skin from chicken
Aware of diet-heart disease relationship										
Yes	18	24	60 ***	74	43	15	48 *	17	66	14 ***
No	21	23	71	74	40	14	58	17	68	21
Names low cholesterol as preventing heart disease										
Yes	17	17	54	68	45	15	50	12	64	7 *
No	19	24	65	74	41	15	52	17	67	17
Names low fat as preventing heart disease										
Yes	19	23	58	65 *	41	19	42	14	66	11 *
No	19	24	66	75	42	14	54	17	67	18

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

* p<.05

*** p<.001